

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1

- Tangy BBQ Rib Sandwich
- Cheese Pizza on Rich's Crust
- Ham Cheese Sub
- Steamed Peas w/ Margarine
- Tropical Pineapple Tidbits
- 1% Lowfat Milk
- Chocolate Fat Free Milk

*Menu Subject to Change*

4

- Freshly Baked Italian Dunkers
- Crispy Chicken Patty Sandwich
- Ham Cheese Sub
- Steamed Broccoli w/ Margarine
- Citrusy Mandarin Oranges
- 1% Lowfat Milk
- Chocolate Fat Free Milk

5

- Sweet 'n Sour Popcorn Chicken over Rice
- Crispy Chicken Patty Sandwich
- Ham Cheese Sub
- Steamed Golden Corn w/ Margarine
- Applesauce
- 1% Lowfat Milk
- Chocolate Fat Free Milk

6

- Lasagna Roll Ups w/ Fresh Sliced Bread
- Crispy Chicken Patty Sandwich
- Ham Cheese Sub
- Steamed Carrots w/ Margarine
- 1% Lowfat Milk
- Chocolate Fat Free Milk

7

- Pancakes Sausage Patties
- Crispy Chicken Patty Sandwich
- Ham Cheese Sub
- Steamed Green Beans w/ Margarine
- Tropical Pineapple Tidbits
- 1% Lowfat Milk
- Chocolate Fat Free Milk

8

- Philly Cheesesteak Sub
- Cheese Pizza on Rich's Crust
- Ham Cheese Sub
- Steamed Peas w/ Margarine
- Diced Pears
- 1% Lowfat Milk
- Chocolate Fat Free Milk

11

Columbus Day- No School

12

- Corn Dog Nuggets
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Turkey and Cheese Sub
- Steamed Mixed Vegetables w/ Margarine
- Citrusy Mandarin Oranges
- 1% Lowfat Milk
- Chocolate Fat Free Milk

13

- Walking Taco with Nacho Doritos and Fresh Sliced Bread
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Turkey and Cheese Sub
- Steamed Golden Corn w/ Margarine
- Peach Salsa
- 1% Lowfat Milk
- Chocolate Fat Free Milk

14

- Breaded Chicken Parmesan Sandwich
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Turkey and Cheese Sub
- Steamed Green Beans w/ Margarine
- Applesauce
- 1% Lowfat Milk
- Chocolate Fat Free Milk

15

- Pierogies w/ Fresh Sliced Bread
- Cheese Pizza on Rich's Crust
- Turkey and Cheese Sub
- Steamed Broccoli w/ Margarine
- Diced Pears
- 1% Lowfat Milk
- Chocolate Fat Free Milk

18

- Salisbury Steak w/ Gravy Fresh Sliced Bread
- Crispy Chicken Patty Sandwich
- Grilled Chicken Ranch Wrap
- Creamy Mashed Potatoes w/ Gravy
- Cinnamon Apple Slices
- 1% Lowfat Milk
- Chocolate Fat Free Milk

19

- Crispy Chicken Smackers w/ Fresh Sliced Bread
- Crispy Chicken Patty Sandwich
- Grilled Chicken Ranch Wrap
- Steamed Golden Corn w/ Margarine
- Mixed Fruit
- 1% Lowfat Milk
- Chocolate Fat Free Milk

20

- Pepperoni Calzone
- Crispy Chicken Patty Sandwich
- Grilled Chicken Ranch Wrap
- Crispy Tator Tots
- Banana Split Pudding Cup
- 1% Lowfat Milk
- Chocolate Fat Free Milk

21

- Spaghetti w/ Meatsauce Sliced Bread
- Crispy Chicken Patty Sandwich
- Grilled Chicken Ranch Wrap
- Steamed Mixed Vegetables w/ Margarine
- Diced Peaches
- 1% Lowfat Milk
- Chocolate Fat Free Milk

22

- Ham and Cheese on a Pretzel Bun
- Cheese Pizza on Rich's Crust
- Grilled Chicken Ranch Wrap
- Steamed Carrots w/ Margarine
- Diced Pears
- 1% Lowfat Milk
- Chocolate Fat Free Milk

Tasty BITES



Fruit PUDDING PARFAITS

25

- Hot Turkey Sandwich w/ Fresh Sliced Bread
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Garden Salad w/ Popcorn Chicken and Fresh Sliced Bread
- Steamed Peas w/ Margarine
- Applesauce Cups
- 1% Lowfat Milk
- Chocolate Fat Free Milk

26

- Beef Nachos w/ Cheddar Cheese Fresh Sliced Bread
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Garden Salad w/ Popcorn Chicken and Fresh Sliced Bread
- Steamed Golden Corn w/ Margarine
- Diced Pears
- 1% Lowfat Milk

27

- Crunchy Fish Sticks w/ Fresh Sliced Bread
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Garden Salad w/ Popcorn Chicken and Fresh Sliced Bread
- Crinkle Cut Fries
- Citrusy Mandarin Oranges
- 1% Lowfat Milk
- Chocolate Fat Free Milk

28

- Meatball Hoagie
- Crispy Chicken Nuggets w/ Fresh Sliced Bread
- Garden Salad w/ Popcorn Chicken and Fresh Sliced Bread
- Steamed Broccoli w/ Margarine
- Tropical Pineapple Tidbits
- 1% Lowfat Milk
- Chocolate Fat Free Milk

29

- Hot Dog on a Bun
- Cheese Pizza on Rich's Crust
- Garden Salad w/ Popcorn Chicken and Fresh Sliced Bread
- Very Veggie Pasta Salad
- Flavorful Vegetarian Beans
- Mixed Fruit
- 1% Lowfat Milk
- Chocolate Fat Free Milk

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

1

- Ham and Cheese on White English Muffin
- Apple Frudel
- Assorted Cereal w/ Belly Bear Crackers
- Citrusy Mandarin Oranges
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

*Menu Subject to Change*

4

- Creamy Scrambled Eggs with Toast
- Dutch Waffle
- Assorted Cereal w/ Belly Bear Crackers
- Assorted Applesauce Cups
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

5

- Pancakes
- Maple Syrup
- Soft Filled Cocoa Puffs Bar
- Assorted Cereal w/ Belly Bear Crackers
- Tropical Pineapple Tidbits
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

6

- Ham and Cheese on White English Muffin
- Goody Ring
- Assorted Cereal w/ Belly Bear Crackers
- Diced Peaches
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

7

- Mini Strawberry Cream Cheese Filled Bagels
- Assorted Benefit Bars
- Assorted Cereal w/ Belly Bear Crackers
- Diced Pears
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

8

- Egg Cheese on a English Muffin
- Cherry Frudel
- Assorted Cereal w/ Belly Bear Crackers
- Fresh Petite Banana
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

11

Columbus Day- No School

12

- Pancakes
- Maple Syrup
- Assorted Benefit Bars
- Assorted Cereal w/ Belly Bear Crackers
- Tropical Pineapple Tidbits
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

13

- Honey Wheat Bagel
- Grape Jelly
- Margarine
- Assorted Muffins with Assorted Crackers
- Assorted Cereal w/ Belly Bear Crackers
- Diced Peaches
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

14

- French Toast Sticks
- Maple Syrup
- Mini Strawberry Cream Cheese Filled Bagels
- Assorted Cereal w/ Belly Bear Crackers
- Diced Pears
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

15

- Ham and Cheese on White English Muffin
- Apple Frudel
- Assorted Cereal w/ Belly Bear Crackers
- Citrusy Mandarin Oranges
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

18

- Creamy Scrambled Eggs with Toast
- Dutch Waffle
- Assorted Cereal w/ Belly Bear Crackers
- Assorted Applesauce Cups
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

19

- Pancakes
- Maple Syrup
- Soft Filled Cocoa Puffs Bar
- Assorted Cereal w/ Belly Bear Crackers
- Tropical Pineapple Tidbits
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

20

- Ham and Cheese on White English Muffin
- Goody Ring
- Assorted Cereal w/ Belly Bear Crackers
- Diced Peaches
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

21

- Mini Strawberry Cream Cheese Filled Bagels
- Assorted Benefit Bars
- Assorted Cereal w/ Belly Bear Crackers
- Diced Pears
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

22

- Egg Cheese on a English Muffin
- Cherry Frudel
- Assorted Cereal w/ Belly Bear Crackers
- Fresh Petite Banana
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

25

- Creamy Scrambled Eggs with Toast
- Cinnamon Roll
- Assorted Cereal w/ Belly Bear Crackers
- Fresh Apple Slices
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk
- Assorted Applesauce Cups

26

- Pancakes
- Maple Syrup
- Assorted Benefit Bars
- Assorted Cereal w/ Belly Bear Crackers
- Tropical Pineapple Tidbits
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

27

- Honey Wheat Bagel
- Grape Jelly
- Margarine
- Assorted Muffins with Assorted Crackers
- Assorted Cereal w/ Belly Bear Crackers
- Diced Peaches
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

28

- French Toast Sticks
- Maple Syrup
- Mini Strawberry Cream Cheese Filled Bagels
- Assorted Cereal w/ Belly Bear Crackers
- Diced Pears
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk

29

- Ham and Cheese on White English Muffin
- Apple Frudel
- Assorted Cereal w/ Belly Bear Crackers
- Citrusy Mandarin Oranges
- Assorted Juice
- 1% Lowfat Milk
- Chocolate Fat Free Milk